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ORGASMIC APPETIZERS AND MATCHING WINES

by Shari Darling

(Whitecap Books) Soft cover, \$ 29.95 231 pages

In this highly entertaining book, Shari Darling, Canada's food-and-wine pairing diva, provides a wealth of information about how we taste food and wines, the building blocks of taste and food presentation, intriguing recipes, quantities of food and wine required for parties of finite numbers, and valuable matches (100 +) of food and wine.

Most of us think about food and wine as means of gustatory pleasures and survival, Shari approaches both differently. She breaks down the whole process of tasting into "blocks", and explains what cooks ought to be doing to increase pleasure "in the mouth".

Once you have finished reading this book, you will appreciate food and wine more and in ways you never thought possible.

She provides readers with excellent recipes and outstanding pictures to give ideas for appealing presentations.

She not only provides recipes, she actually uses them professionally, which proves that they actually work, are easy to produce, and please the palates of most people.

She has an excellent imagination and the ability to convey her thoughts in a way that people understand.

The chapters on taste, flavour, palatability, mood and culture, and organization of work for parties lead the section of recipes and matching wines.

Orgasmic Appetizers and Matching Wines inspires people who are too busy too busy to cook or simply don't want to cook, to try their hands at something as important as survival, friendship, and gustatory pleasures of matching food and wines.

Recommended for all who like to entertain and those looking for information about taste, texture and flavour.